Eldermount Adult Day Program
Historical Perspective

In response to a 1983 Chapter recommendation the Sisters of Charity established a committee to study how the community could address the housing needs of the elderly in the Cincinnati area. One of the committee's recommendations was to establish an adult day care program at the Motherhouse.

The recommendation was accepted and Sister Phyllis Lambert was appointed project director in May 1984. Her tasks included assessing the market for adult day care and determining the feasibility of using space at the Motherhouse. She also began to write grants to secure funding for the program.

Less than a year later the decision was reached to establish the program as a holistic program, providing health services, social services, recreation, good nutrition and transportation. Those eligible for the program were men and women 50 years and older who meet the criteria.

Sister Phyllis oversaw the renovation of space, planned the program, developed policy, and hired staff. On August 15, 1985, the Eldermount Adult Day Program opened with nine persons registers. Initially the program was available three days a week, but by December it was open four days a week, averaging eleven in attendance each day. Since March 1986 the program has been available five days per week.

Sister Phyllis served as the director of the program, and was a leader in the development and credentialing of adult day centers throughout Ohio. Upon her retirement in 1999, Kathy Baker succeeded her. It was at this time that Eldermount became part of Senior Care Corporation as part of the continuum of care.

With increasing numbers in attendance participants were divided into three groups based on cognitive abilities. This change made it possible to better meet the needs of the members and give additional assistance when necessary.

Eldermount moved to the Wellness Center at Bayley Village in November 2003. This new location made the program more visible and has increased attendance to an average of 51 per day, and the program has recently been divided into four groups. New services provided include showers, lab services, podiatry, therapies, and a hair solon. A care-giver support group is available to assist caregivers.