

# E-VOC

*evoke: 1. to call forth 2. to re-create imaginatively*



*Sisters of Charity*

of Cincinnati

## CALENDAR

**April 17, 2011**

Palm Sunday

**April 24, 2011**

Easter

**June 24-26, 2011**

Sisters of Charity Federation  
Discernment Weekend  
*Emmitsburg, Md.*

**Aug. 9-13, 2011**

Catholics on Call summer conference  
*Chicago, Ill.*

**Sept 2-5, 2011**

Sisters of Charity Federation  
"Come and See and Serve"  
*New Orleans, La.*

*For more information about the above events,  
contact S. Janet Gildea at [janetsc@juno.com](mailto:janetsc@juno.com).*

## Sprinting to the Finish

*By S. Janet Gildea*

**T**he halfway point in any endeavor is a good time to evaluate progress, take stock of resources and make necessary adjustments to reach the goal. So here we are at the midway point in Lent, ready to celebrate *Laetare Sunday*, the fourth Sunday of Lent. The name comes from the Latin word for "rejoice," and we notice that the liturgical vestments are rose-colored for the occasion. Rejoice! We're halfway through the Lenten season!

So how are you doing with the disciplines you chose to help you grow in your discipleship of Christ this Lent? Were your intentions on Ash Wednesday more ambitious than you realized? Has giving up Starbucks or your preferred caffeinated beverage been a giant headache, as much of a penance to your friends and co-workers as it has been for you? Do you find that you are a more patient and compassionate person because of your efforts?

What might God be inviting you to do as you come to the home stretch in preparing for Easter? Here's a simple suggestion: Toward the end of the day, take a few moments to use the Ignatian examen as a way to reflect on God's presence in your daily life. A very good summary of this prayer practice is available at [www.bustedhalo.com/features/what-works-39-the-examen](http://www.bustedhalo.com/features/what-works-39-the-examen). And if this has been one of those Lenten seasons that passed you by, maybe the midpoint is a chance to catch up with the pack and sprint toward the finish line!

### The Examen

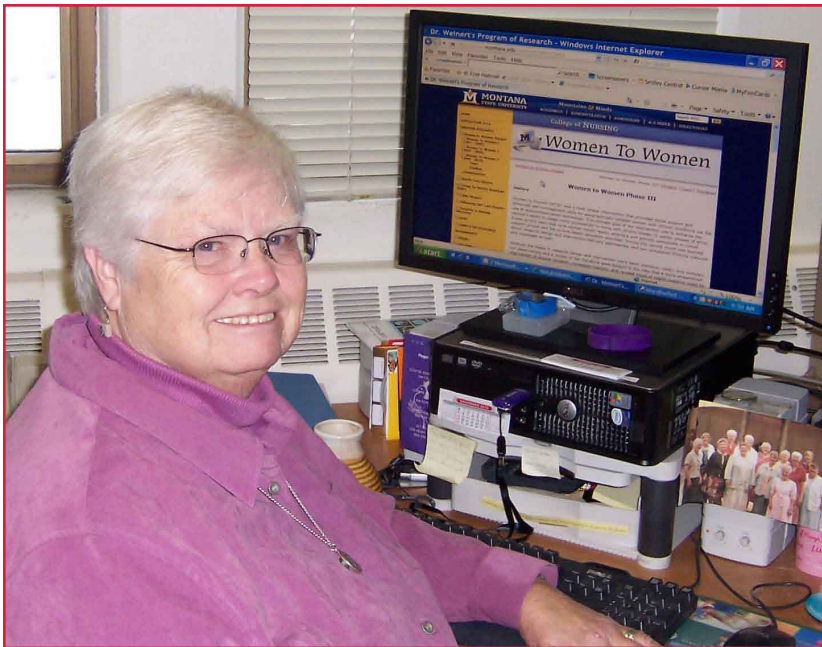
- 1) Pray for the Spirit to illuminate your reflection time.
- 2) Give thanks as you look back over your day, recognizing God's gifts.
- 3) Pay attention to the most significant or intense emotions of the day.
- 4) Spend a few moments in deeper reflection on one of those experiences, seeking to understand how God was present or absent in it.
- 5) Ask for the grace to go forward with God's direction.



Associates in Community Romina Sapinoso (left), Tracey Horan (center) and Associate in Volunteer Ministry Tracy Kemme (second from right) are congratulated by Sisters Peggy Deneweth and Carol Wirtz (right) after completing the El Paso half marathon in March.

# Where are the Sisters Today?

## Sister Clarann Weinert



A nurse scientist, S. Clarann Weinert conducts nursing research at Montana State University's College of Nursing in Bozeman. To read more about Sister's ministry, [click here](#).

## ASK OUR SISTERS

### S. Pat Newhouse

What led to your decision to enter the Sisters of Charity?

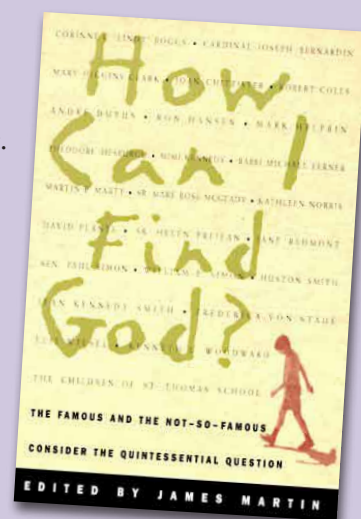
The first seeds of my vocation were sown in my early years at home growing up in a loving, faith-filled, service-oriented family, and in school where I was taught for 12 years by the Sisters of Charity in Lansing, Mich. Since no one in my family was a religious, I gained firsthand knowledge of the life of a Sister from those who taught me. They provided me with many ways of ministering to others by giving me opportunities to be of service. They were real "Women of Charity," and I always felt completely at home with them. I knew right away that I wanted to join them.



## A Good Read

**"How Can I Find God? The Famous and Not-So-Famous Consider the Quintessential Question"**  
*edited by James Martin, SJ*

Even for those who have committed their lives to the quest for God, this direct question takes some serious thought. Spiritual but not religious (SBNR) folks will especially appreciate the insights of these 68 people from many faith traditions. There are only 40 days in Lent, but the reflections in this book are short enough that you can double up some days. Get yourself some extra inspiration (and advice) this Lent!



## REFLECTIONS

*Prayer before the Cross*

Most High and Glorious God,  
 bring light to the darkness of my heart.  
 Give me right faith,  
 certain hope,  
 and perfect charity.  
 Lord, give me insight and wisdom,  
 so I might always discern  
 Your Holy and True Will.

- St. Francis of Assisi



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 of Cincinnati

E-Voc is the electronic newsletter from the Vocations Team of the Sisters of Charity of Cincinnati for single women wondering what new thing God is calling forth in their lives. To unsubscribe [click here](#).

If you are interested in learning more about life as a Sister of Charity, visit our Web site at [www.srcharitycinti.org](http://www.srcharitycinti.org) or contact S. Janet Gildea at (513) 535-1624.