

Pray For Peace and Nonviolence

"Nonviolence is not primarily a tactic. It is a way of living and being and expressing the truth of your soul in the world." Daniel Berrigan. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org

"Do not be conquered by evil but conquer evil with good." Romans 12. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org

"The nonviolent approach helps one analyze the fundamental conditions, policies and practices of the conflict rather than reacting to one's opponents or their personalities." Martin Luther King, Jr. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.networkforpeace.com

"The fundamental values in all of the world's great religions include the concept that the moral arc of the universe bends toward justice. For the nonviolent practitioner, nonviolence introduces a new moral context in which nonviolence is both the means and the end." Martin Luther King, Jr. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org

"Non-violence is not a garment to be put on and off at will. Its seat is in the heart, and it must be an inseparable part of our being." Mahatma Gandhi. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.networkforpeace.com

"Anger is the enemy of non-violence and pride is a monster that swallows it up." Mahatma Gandhi. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.peace-action.org

"Before you speak of peace, you must first have it in your heart." St Francis. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.seedsofpeace.org

"At the center of non-violence stands the principle of love." Martin Luther King, Jr. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org

"The best way to find yourself is to lose yourself in the service of others." Mahatma Gandhi. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.peace-action.org

According to the *United Nations*, though women have led peace movements and driven community recovery after conflict, they are almost completely missing from peace negotiations. Exclusion from reconstruction limits access to opportunities to recover, to gain justice for human rights abuses, and to participate in shaping reformed laws and

public institutions. **Pray for the women who lead peace movements.** Suggested website: www.seedsofpeace.org

"We do not need guns and bombs to bring peace, we need love and compassion." Mother Teresa. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.peace-action.org

"Peace cannot be built on exclusivism, absolutism, and intolerance. But neither can it be built on vague liberal slogans and pious programs gestated in the smoke of confabulation. There can be no peace on earth without the kind of inner change that brings man back to his "right mind." Thomas Merton. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.peace-action.org

"Non-violence confronts systematic injustice with active love, but refuses to retaliate with further violence under any circumstances." John Dear. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.seedsofpeace.org

"Violence is not only impractical but immoral." Martin Luther King Jr. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.peace-action.org

"At the heart of each major religion is the vision of peace, the ideal of a reconciled humanity, the way of compassion and love and justice, the fundamental truth of nonviolence." John Dear. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.seedsofpeace.org

"If we can each plumb the depths of nonviolence in our religious traditions, we will unleash the contemplative springs of nonviolence within us and peace will blossom among us." John Dear. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org

"If we dare open our hearts to the wisdom of nonviolence in other religious traditions, as Gandhi did, we will discover that not only should religion not be a cause of war and division, it can be the a healing path toward unity, reconciliation, and global disarmament." John Dear. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org

"If we can appreciate the spiritualities of nonviolence flowing from other religions, we will deepen our own particular spirituality of nonviolence." John Dear. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.seedsofpeace.org

"We are not at peace with others because we are not at peace with ourselves, and we are not at peace with ourselves because we are not at peace with God." Thomas Merton. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.peace-action.org

“Peace demands the most heroic labor and the most difficult sacrifice. It demands greater heroism than war. It demands greater fidelity to the truth and a much more perfect purity of conscience.” Thomas Merton. **Pray for nonviolence in your life and throughout our world.** Suggested website: www.paxchristiusa.org