Prayer Service for Monday, March 16, 2020

Opening Prayer: Loving God, we come to you this day, hopeful and open to whatever you wish us to experience. Grant us your blessings in these days as we work together to pray for one another during this difficult time.

We ask for your grace to keep our hearts and minds set on all of our brothers and sisters around the world as we take each day as your gift. Help us this evening to listen to your words and bless all who are sick and in need of your loving, healing touch at this time.

Reflection by Lynn Ungar - Pandemic

What if you thought of it as the Jews consider the Sabbath—the most sacred of times?
Cease from travel.
Cease from buying and selling.
Give up, just for now, on trying to make the world different than it is.
Sing. Pray. Touch only those to whom you commit your life.
Center down.
And when your body has become still, reach out with your heart.
Know that we are connected in ways that are terrifying and beautiful.
(You could hardly deny it now.)
Know that our lives are in one another’s hands.
(Surely, that has come clear.)
Do not reach out your hands.
Reach out your heart.
Reach out your words.
Reach out all the tendrils of compassion that move, invisibly, where we cannot touch.

Promise this world your love—for better or for worse, in sickness and in health, so long as we all shall live. –Lynn Ungar 3/11/20

Quiet Reflection:
Closing Song: Change Our Hearts #BB 648